

Peanut Butter and Banana Sandwiches

Serves: 1

Serving Size: 1 sandwich

Preparation Time: 10 minutes

Ingredients:

2 tablespoons peanut butter

1 banana

2 slices of whole wheat bread

Directions:

Lay out two slices of whole wheat bread. On one slice spread out the peanut butter. Ask a grown-up to help you to cut up the banana into very thin slices. Put the banana slices on the other slice of bread. Put the two slices together and eat your sandwich!