

Monkey Gorp

Serves: 4

Serving: 1 cup

Preparation Time: 5 minutes

Ingredients:

1 cup raisins

1 cup dried bananas

1 cup mixed nuts

1 cup whole grain cereal (make sure there is not any frosting on the cereal)

Utensils:

Large mixing bowl

Directions:

Combine all of the ingredients into a large mixing bowl and mix everything up. Give each person some Monkey Gorp and enjoy your snack!