

## **Markey's Tickle Me Mint Iced Tea**

Serves: about 10

Serving Size: One glass

Preparation Time: 10 minutes; 3 hours in the sun

### Ingredients:

8 bags of decaffeinated herbal tea (any flavor)

Gallon water

6 oranges: 3 sliced in half; 3 into smaller slices ( Always ask a grown-up for help when cutting!)

8 lemons: 4 sliced in half; 4 into smaller slices (Always ask a grown-up for help when cutting!)

1/3 cup honey

1 bunch fresh mint leaves (make sure to save some mint leaves)

### Utensils:

Large pitcher

### Directions:

Squeeze juice from orange and lemon halves into water in large pitcher. Add the rest of the ingredients, making sure to save a few mint leaves for later. Let the pitcher sit in the sun for 3 hours or more. (Or you can boil a QUART of water, pour over ingredients and add a quart of cold water. Then let it sit in the fridge for several hours overnight) Remove the tea bags and pour into tall, ice-filled glasses. Sprinkle some mint leaves on top.