

Markey's Amazing Alphabet Soup

Ingredients:

2-3 cups of your favorite vegetables (onions, celery, carrots, peppers are an excellent choice!)

1 tablespoon olive oil

4 cups water

1/2 cup alphabet pasta

Salt

Pepper

Thyme

Utensils:

Large Pot

Sauté Pan

Wooden Spoon

Directions:

Have a grown up help you chop up your favorite vegetables until you have 2-3 cups. In a pan, ask a grown up to help you to cook the vegetables in a special way called sautéing, using the vegetables and the olive oil. After the vegetables are soft, add the vegetables and the rest of the ingredients to a large pot. Have a grown up help you to get the soup to a boil and then let the soup simmer for 20 minutes partially covered. Have an adult help you to add the salt, pepper and thyme until the soup tastes perfect!